

**CFR § 61.107(b)(1) – Flight Proficiency**

<b>Area</b>	<b>Logged</b>
(i) Preflight preparation;	
(ii) Preflight procedures;	
(iii) Airport and seaplane base operations;	
(iv) Takeoffs, landings, and go-arounds;	
(v) Performance maneuvers;	
(vi) Ground reference maneuvers;	
(vii) Navigation;	
(viii) Slow flight and stalls;	
(ix) Basic instrument maneuvers;	
(x) Emergency operations;	
(xi) Night operations, except as provided in § 61.110 of this part; and	
(xii) Postflight procedures.	